

Association of Systemic Inflammation Response Index With Long-Term Outcomes in Patients With Head and Neck Cancer Receiving Definitive Chemoradiation

Sung Jun Ma, MD¹; Andrew Koempel, BSc²; Krithik Tella³; Daniel Alvarez³; Darien Reed, BSc⁴; Kevin E. Agner, BSc⁴; Alec Kotler, BA⁴; Jacob Wells, BSc⁴; Om Desai, BSc⁴; Matthew Nguyen, BSc⁴; Simeng Zhu, MD¹; Priyanka Bhateja, MD⁵; Emile Gogineni, DO¹; Sujith Baliga, MD¹; David Konieczkowski, MD, PhD¹; Sachin Jhavar, MD, MSCI¹; John Grecula, MD¹; Lauren Miller, MD, MBA⁶; Matthew Old, MD⁶; James Rocco, MD, PhD⁶; Marcelo Bonomi, MD⁵; and Dukagjin Blakaj, MD, PhD¹

DOI <https://doi.org/10.1200/OA-25-00150>

ABSTRACT

PURPOSE Systemic inflammation is an important factor for carcinogenesis and tumor progression. Systemic Inflammation Response Index (SIRI) was suggested as one of the peripheral blood biomarkers to assess the magnitude of inflammation. Herein, we aimed to evaluate the prognostic value of SIRI in head and neck cancer.

METHODS A single-institution database at a comprehensive cancer center was queried for patients with nonmetastatic head and neck cancer who underwent definitive chemoradiation between December 2011 and February 2024 with SIRI available for analysis. With the top quartile as a reference to evaluate high versus low SIRI, logistic multivariable analysis (MVA) was performed to identify variables associated with high SIRI. Cox MVA was performed to evaluate survival. Interaction term analysis was performed to evaluate whether there is a heterogeneous association of SIRI with outcomes stratified by p16 status.

RESULTS A total of 638 patients met our criteria. The median follow-up was 45.9 months (95% CI, 44.4 to 47.7). Using the top quartile cutoff of 3.22 for SIRI, those who were male, underweight, had poor performance status, and had advanced T staging were more likely to have high SIRI, whereas those with other racial background, p16-positive, and larynx primary site were less likely to have high SIRI. Those with high SIRI had worse overall survival (OS; adjusted hazard ratio [aHR], 1.59 [95% CI, 1.15 to 2.25], $P = .008$), but not PFS (aHR, 1.18 [95% CI, 0.86 to 1.61], $P = .320$). Interaction term analysis did not reach statistical significance ($P_{\text{interaction}} = .75$ for OS, 0.84 for PFS).

CONCLUSION Elevated SIRI was an independent, adverse prognostic factor for survival without heterogeneous association with outcomes based on p16 status. Further validation of SIRI would be warranted in future studies.

ACCOMPANYING CONTENT

[Reflexivity Statement](#)

Accepted March 18, 2026

Published May 12, 2026

JCO Oncology Adv 3:e2500150

© 2026 by American Society of Clinical Oncology

Creative Commons Attribution
Non-Commercial No Derivatives
4.0 License

INTRODUCTION

Systemic inflammation and immune dysregulation are central to the biology of cancer progression.¹ Elevated neutrophil counts, among various peripheral blood biomarkers, have been associated with worse survival outcomes in multiple cancer types.² Tumor cells have been shown to release cytokines that stimulate the bone marrow to increase neutrophil production.³⁻⁵ These neutrophils, in turn, release cytokines promoting angiogenesis and metastasis.^{6,7} In patients with head and neck cancers specifically, elevated neutrophil counts have been found to be associated with adverse clinical outcomes.²

In head and neck squamous cell carcinoma (HNSCC), a malignancy characterized by diverse etiologies and heterogeneous clinical behaviors, there is a growing body of literature on the prognostic relevance of the host immune and inflammatory response. One such measure is the Systemic Inflammation Response Index (SIRI), a composite biomarker derived from peripheral blood counts calculated by multiplying neutrophil and monocyte counts and dividing by the lymphocyte count.⁸ SIRI reflects the balance between pro- and anti-inflammatory immune cells and serves as a measure of systemic inflammatory response. As an integrative indicator of tumor-promoting inflammation and impaired immunosurveillance, elevated

CONTEXT

Key Objective

What is the prognostic role of Systemic Inflammation Response Index (SIRI) among patients with head and neck cancer treated with definitive chemoradiation, stratified by p16 status?

Knowledge Generated

In this single-institution study of over 600 patients with a median follow-up of nearly 4 years, elevated SIRI was an independent, adverse prognostic factor for survival without heterogeneous association with outcomes based on p16 status. Those with underweight, poor performance status, locally advanced disease, and p16-negative tumors were associated with high SIRI.

Relevance (F. Rubagumya)

Inflammatory biomarkers derived from routine complete blood counts offer a practical, low-cost approach to prognostic risk stratification in oncology. This study demonstrates that elevated SIRI is an independent adverse prognostic factor for overall survival following definitive chemoradiation. Notably, this prognostic impact was consistent regardless of p16/human papillomavirus status. These findings support prospective validation of SIRI as a clinically actionable biomarker to identify high-risk patients who may benefit from intensified surveillance or early supportive interventions such as nutritional optimization.*

Plain Language Summary (F. Rubagumya)

Head and neck cancers are commonly treated with combined chemotherapy and radiation, yet patient outcomes vary widely. Inflammation, measurable through a routine blood test score called the SIRI, reflects the balance between immune cells that promote and suppress inflammation. In this study of 638 patients, those with high pre-treatment SIRI scores were significantly more likely to die compared to those with lower scores, regardless of whether their tumor was linked to human papillomavirus. These findings suggest that SIRI, derived from a standard blood test, could help clinicians identify higher-risk patients and guide decisions around closer monitoring or early supportive care.†

*Relevance section written by *JCO Oncology Advances* Associate Editor Fidel Rubagumya, MD, MMed, MPH.

†Plain Language Summary written by *JCO Oncology Advances* Associate Editor Fidel Rubagumya, MD, MMed, MPH.

SIRI has been associated with poor outcomes across multiple malignancies.⁹⁻¹¹

HNSCC is particularly notable for its interplay between viral oncogenesis (eg, human papillomavirus [HPV]–associated oropharyngeal cancer), tobacco and alcohol exposures, and host physiologic status, including immune function and general health.^{12,13} The prognostic landscape of HNSCC has evolved with the recognition that HPV-positive tumors tend to exhibit more favorable outcomes, whereas HPV-negative tumors are often associated with greater inflammatory responses and poorer prognosis.^{14,15} Despite the increasing use of SIRI as a prognostic tool, its relevance across distinct biological subsets of HNSCC—including p16-positive and p16-negative disease—remains unclear.^{9,13}

However, systemic inflammation is not solely a reflection of tumor biology. Emerging evidence suggests that patient-specific factors such as performance status, medical comorbidities, tobacco and alcohol consumption, and nutritional reserve may also influence inflammatory markers.¹⁶⁻¹⁸ Elevated SIRI has been shown to be prognostic for poor outcomes among those with nonmalignant conditions, such as stroke

and sepsis.^{19,20} Understanding the clinicodemographic and tumor-specific correlates of elevated SIRI is therefore essential for contextualizing its prognostic value and guiding its integration into clinical decision making.

Although existing literature suggests that high SIRI levels may predict poor survival,^{9,21,22} limited data have explored how SIRI relates to broader clinical end points such as progression-free survival, locoregional control, or distant recurrence in HNSCC. Even fewer studies have examined whether SIRI retains its prognostic utility across key molecular subtypes, such as HPV-related oropharyngeal cancer.^{12,13}

To fill this knowledge gap and since SIRI has emerged as one of the well-investigated biomarkers in the literature for both patients with and without cancer as shown previously, our study selected SIRI as a biomarker of interest and aims to evaluate the clinical relevance of SIRI in a contemporary cohort of patients with HNSCC, with a specific focus on its prognostic implications across survival outcomes and its association with patient, tumor, and viral characteristics. By examining these questions within the framework of real-

world clinical data, this investigation seeks to clarify the utility of SIRI as a host-based biomarker and contribute to a more nuanced understanding of inflammation-driven risk in HNSCC.

METHODS

This retrospective analysis was conducted under approval from the Institutional Review Board at The Ohio State University Comprehensive Cancer Center (protocol 2024C0084) and adheres to the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) guidelines.

Patients diagnosed with nonmetastatic head and neck cancer who received definitive chemoradiotherapy between December 2011 and February 2024 were identified from our single institutional database. Eligibility required the availability of pretreatment SIRI values based on baseline complete blood count with differential results from peripheral blood. All included individuals underwent intensity-modulated radiation therapy to a total dose of 69.96–70 Gy delivered in 33–35 fractions. Patients who had surgery, radiation alone, or were treated with palliative intent were excluded. Those with unavailable SIRI data were also excluded.

In addition to baseline SIRI, clinical and demographic variables were collected for analysis, including age, gender, race, tobacco use history, primary tumor site, BMI, tumor (T) and nodal (N) stages based on American Joint Committee on Cancer 7th edition, p16 status, Eastern Cooperative Oncology Group performance status (ECOG PS), and concurrent chemotherapy regimen. All variables were incorporated into multivariable analyses (MVA), and missing data were categorized as unknown.

The primary end point was overall survival (OS), defined as time from diagnosis to death from any cause. The secondary end point was progression-free survival (PFS), defined as time from diagnosis to disease progression or death. Disease progression was evaluated using a multidisciplinary approach among radiologists, pathologists, surgeons, and medical and radiation oncologists. Follow-up with comprehensive clinical assessment was performed following the National Comprehensive Cancer Network guideline,²³ with typically positron emission tomography/computed tomography scan in 3 months after completing treatments.

Baseline variables were compared using Fisher's exact test. Frequency histogram was generated to visualize the distribution of SIRI values. Logistic regression was used to assess factors associated with elevated SIRI. High SIRI was denoted by values in the top quartile, whereas low SIRI included all other values. Top quartile value was used as a cutoff point based on similar studies showing the highest quartile being associated with the poorest outcomes.^{24,25} Survival outcomes were analyzed using Kaplan-Meier curves and log-rank tests, with Cox proportional hazards

models applied for MVA. Those who were lost to follow-up were censored when survival outcomes were evaluated.

To mitigate potential selection bias, propensity score matching was performed based on high versus low SIRI levels. Matching included all baseline variables and was executed using the nearest-neighbor approach at a 1:1 ratio without replacement and a caliper width of 0.2.²⁶ Interaction term analysis was performed, and if statistically significant, subgroup analyses were conducted to explore associations by p16 status.

All statistical tests were two-sided, and a *P* value <.05 was considered significant. Analyses were conducted using R (version 4.5.0, R Foundation for Statistical Computing).

RESULTS

A total of 638 patients met our criteria (516 men [80.9%]; median age 61 years [IQR, 55.0–68.0]; [Table 1](#) and [Fig 1](#)). Most patients were Caucasian White (n = 572 [89.7%]), former smokers (n = 309 [48.4%]) with ECOG PS 0–1 (n = 582 [91.2%]), and overweight or obese BMI (n = 459 [71.9%]) who underwent chemoradiation with cisplatin (n = 398 [62.4%]) for oropharyngeal cancer (n = 424 [66.5%]). The median SIRI was 1.96 (IQR, 1.27–3.22; [Fig 2](#)). The median follow-up was 45.9 months (95% CI, 44.4 to 47.7).

Those who are male (adjusted odds ratio [aOR], 1.74 [95% CI, 1.03 to 3.06], *P* = .04), underweight (aOR, 3.78 [95% CI, 1.40 to 10.60], *P* = .009), had poor performance status (ECOG PS 1: aOR, 1.91 [95% CI, 1.25 to 2.93], *P* = .003; ECOG PS >1: aOR, 3.68 [95% CI, 1.77 to 7.70], *P* < .001), and had advanced T staging (aOR, 1.65 [95% CI, 1.11 to 2.47], *P* = .01) were more likely to have high SIRI, whereas those with other racial background (aOR, 0.28 [95% CI, 0.11 to 0.63], *P* = .004), p16-positive (aOR, 0.43 [95% CI, 0.21 to 0.86], *P* = .02), and larynx primary site (aOR, 0.28 [95% CI, 0.13 to 0.60], *P* = .001) were less likely to have high SIRI ([Table 2](#)).

Those with high SIRI had worse OS (adjusted hazard ratio [aHR], 1.59 [95% CI, 1.15 to 2.25], *P* = .008), but not PFS (aHR, 1.18 [95% CI, 0.86 to 1.61], *P* = .320; [Table 3](#)). Similar findings were observed in 147 matched pairs (OS: aHR, 1.63 [95% CI, 1.09 to 2.42], *P* = .017; PFS: aHR, 1.22 [95% CI, 0.85 to 1.74], *P* = .284; [Table 1](#) and [Figs 3](#) and [4](#)). Interaction test was not statistically significant (*P*_{interaction} = .75 for OS, .84 for PFS), and thus further subgroup analysis was not performed.

DISCUSSION

To our knowledge, this is the largest single-institution study including North American patients with nonmetastatic head and neck cancer with a median follow-up of nearly 4 years, suggesting that high systemic inflammation, quantified by the top SIRI quartile (≥3.22), was an independent adverse prognostic factor for OS in HNSCC.

TABLE 1. Baseline Characteristics

Characteristic	Before Matching			After Matching		
	Low SIRI	High SIRI	P	Low SIRI	High SIRI	P
	No. (%)	No. (%)		No. (%)	No. (%)	
Age, years			.22			.81
<65	307 (64.2)	94 (58.8)		91 (61.9)	88 (59.86)	
65 or older	171 (35.8)	66 (41.3)		56 (38.1)	59 (40.14)	
Gender			.11			.87
Female	96 (20.1)	26 (16.3)		21 (14.29)	23 (15.65)	
Male	382 (79.9)	134 (83.8)		126 (85.71)	124 (84.35)	
Race			.004			.54
White	419 (87.7)	153 (95.6)		143 (97.28)	140 (95.24)	
Other	59 (12.3)	7 (4.4)		4 (2.721)	7 (4.762)	
Smoking			.13			.95
Never	139 (29.1)	32 (20.0)		30 (20.41)	32 (21.77)	
Former	223 (46.7)	86 (53.8)		77 (52.38)	79 (53.74)	
Current	113 (34.2)	41 (25.6)		39 (26.53)	35 (23.81)	
Not available	3 (0.9)	1 (0.6)		1 (0.68)	1 (0.68)	
ECOG PS			<.001			.78
0	303 (63.4)	69 (43.1)		68 (46.26)	68 (46.26)	
1	143 (29.9)	67 (41.9)		63 (42.86)	62 (42.18)	
>1	27 (5.6)	21 (13.1)		13 (8.844)	16 (10.88)	
Not available	5 (1.0)	3 (1.9)		3 (2.041)	1 (0.68)	
Primary site			.47			.84
Oropharynx	316 (66.1)	108 (67.5)		100 (68.03)	99 (67.35)	
Larynx	120 (25.1)	34 (21.3)		33 (22.45)	31 (21.09)	
Other	42 (12.7)	18 (11.3)		14 (9.524)	17 (11.56)	
BMI			.007			.98
Normal	113 (23.6)	39 (24.4)		31 (21.09)	34 (23.13)	
Underweight	10 (2.1)	14 (8.8)		9 (6.122)	9 (6.122)	
Overweight	162 (33.9)	48 (30.0)		50 (34.01)	47 (31.97)	
Obese	190 (39.7)	59 (36.9)		57 (38.78)	57 (38.78)	
Not available	3 (0.6)	0 (0.0)		0 (0)	0 (0)	
T staging			.002			.64
1-2	318 (66.5)	84 (52.5)		77 (52.38)	82 (55.78)	
3-4	160 (33.5)	76 (47.5)		70 (47.62)	65 (44.22)	
N staging			.26			.33
0-1	173 (36.2)	66 (41.3)		48 (32.65)	57 (38.78)	
2-3	305 (63.8)	94 (58.8)		99 (67.35)	90 (61.22)	
p16			.06			.47
Negative	169 (35.4)	70 (43.8)		53 (36.05)	60 (40.82)	
Positive	309 (64.6)	90 (56.3)		94 (63.95)	87 (59.18)	
Chemotherapy			.5			.79
Cisplatin	304 (63.6)	94 (58.8)		83 (56.46)	89 (60.54)	
Carboplatin/Paclitaxel	165 (34.5)	62 (38.8)		60 (40.82)	54 (36.73)	
Other	9 (1.9)	4 (2.5)		4 (2.721)	4 (2.721)	

Abbreviations: ECOG PS, Eastern Cooperative Oncology Group performance status; SIRI, Systemic Inflammation Response Index.

Since our interaction term analysis did not reach statistical significance, there was no heterogeneous association of SIRI with survival outcomes based on p16 status in our

study. This aligns with prior work linking SIRI to mortality across malignancies at other sites, including nasopharyngeal, oral, and laryngeal cancers.^{9,13,22}

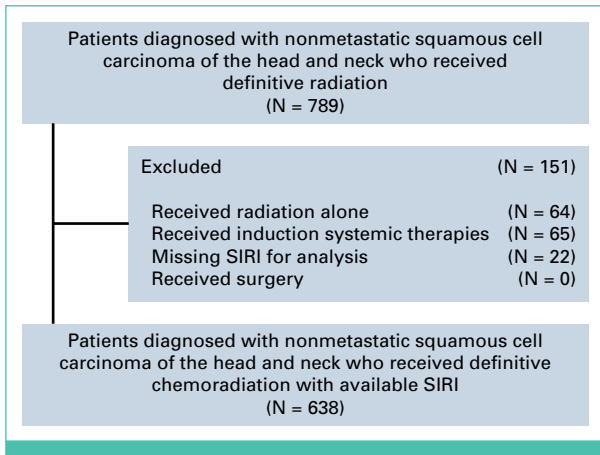


FIG 1. Patient flow chart. SIRI, Systemic Inflammation Response Index.

Although SIRI significantly predicted poor OS, it showed no association with PFS. Our finding contrasts with studies reporting that heightened inflammation contributes to tumor recurrence and shorter PFS in HNSCC. This can be explained because SIRI may reflect cachexia or infection susceptibility, leading to non-cancer-related deaths that affect OS more directly than recurrence or tumor progression.²⁷ In addition, in our study, patients with underweight BMI and poor performance status were likely to have high SIRI, and this finding may support the higher likelihood of non-cancer-related deaths. Neutrophil-derived cytokines

such as IL-6 promote catabolism and immunosuppression,^{2,28} accelerating noncancer deaths. Taken together, SIRI was incorporated as a key biomarker for machine learning-based risk stratification in a recent multicenter study,²⁹ and a single-institution, phase II clinical trial is currently ongoing to investigate prospectively whether such risk stratification may identify patients with head and neck cancer with poor prognosis and guide who may benefit from close surveillance for symptom management (ClinicalTrials.gov identifier: [NCT05338905](https://clinicaltrials.gov/ct2/show/study/NCT05338905)). Second, our cohort received definitive, curative-intent therapies, which may lead to a low number of tumor recurrences overall in our study. As a result, it might be too low to detect substantial differences based on SIRI values.

A lack of heterogeneous association of SIRI with outcomes based on p16 status in our study was notable, given an inherently different tumor biology between p16-positive and p16-negative tumors. For example, in p16-negative HNSCC, which is characterized by neutrophil-dominated inflammation and stromal remodeling, high SIRI may reflect poor prognosis.^{3,30} Conversely, for p16-positive tumors that exhibit attenuated inflammatory responses and better immunogenicity, high SIRI may not be strongly associated with prognosis.¹² This aligns with findings that HPV-positive oropharyngeal cancers resist neutrophil-mediated angiogenesis and respond better to chemoradiation.^{5,16,31} However, interaction term analysis did not reach statistical significance in our study, and it may in part be due to SIRI being associated with factors beyond tumor biology.

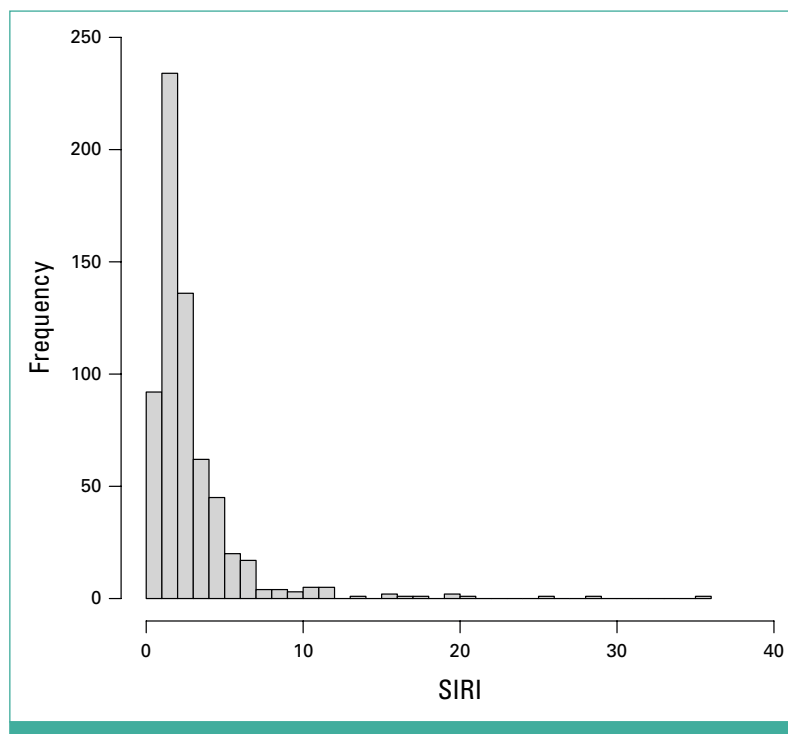


FIG 2. Frequency histogram representing the distribution of SIRI for the entire cohort. SIRI, Systemic Inflammation Response Index.

TABLE 2. Logistic Multivariable Analysis for Variables Associated With High SIRI

Characteristic	aOR	95% CI	P
Age, years			
Every increase by 1 year	1.02	1.00 to 1.04	.07
Gender			
Female	Reference		
Male	1.74	1.03 to 3.06	.04
Race			
White	Reference		
Other	0.28	0.11 to 0.63	.004
Smoking			
Never	Reference		
Former	1.24	0.75 to 2.05	.4
Current	1.18	0.63 to 2.20	.61
Not available	7.63	0.29 to 2.02e+02	.16
ECOG PS			
0	Reference		
1	1.91	1.25 to 2.93	.003
>1	3.68	1.77 to 7.70	<.001
Not available	4.87	0.81 to 29.23	.07
Primary site			
Oropharynx	Reference		
Larynx	0.28	0.13 to 0.60	.001
Other	0.55	0.24 to 1.20	.14
BMI			
Normal	Reference		
Underweight	3.78	1.40 to 10.60	.009
Overweight	0.88	0.52 to 1.52	.64
Obese	0.98	0.58 to 1.67	.93
Not available	<0.001	NA to 2.54e+26	.97
T staging			
1-2	Reference		
3-4	1.65	1.11 to 2.47	.01
N staging			
0-1	Reference		
2-3	0.89	0.55 to 1.45	.62
p16			
Negative	Reference		
Positive	0.43	0.21 to 0.86	.02
Chemotherapy			
Cisplatin	Reference		
Carboplatin/Paclitaxel	1.34	0.88 to 2.03	.17
Other	1.39	0.33 to 4.94	.63

Abbreviations: aOR, adjusted odds ratio; ECOG PS, Eastern Cooperative Oncology Group performance status; reference, reference group to which comparison groups were compared to calculate odds ratios; SIRI, Systemic Inflammation Response Index.

Logistic regression exemplified that high SIRI was independently associated with male sex, higher T stage, poorer performance status, and low BMI. Advanced T-stage tumors

likely elevate SIRI by recruiting proinflammatory neutrophils via cytokine cascades such as VEGF and IL-6.³² Low BMI contributes by worsening inflammation-induced immunosuppression, consistent with findings showing that SIRI's adverse prognostic value is accentuated in underweight patients with laryngeal cancer.¹⁷ Consistent with literature, we found that lower BMI predicted occurrence of high SIRI, exemplifying potential vulnerability due to cachexia and immune dysregulation.^{17,33} Worse performance status may amplify cytokine release, including CCR7, creating a feedback loop of inflammation and physiologic decline.³⁴

Furthermore, in addition to patient demographics such as gender, BMI, and performance status, SIRI may also reflect broader socioeconomic and behavioral factors not typically captured in oncology data sets. Chronic stress, poor access to primary care, and food insecurity, for instance, have been shown to raise systemic inflammatory markers and potentially confound the link between SIRI and cancer outcomes.^{35,36} SIRI may act as a proxy indicator for host vulnerability, extending beyond prior literature focused on cancer aggressiveness.⁸ Furthermore, we identify a negative relationship between non-White race and SIRI. Clinically, SIRI ≥ 3.22 may identify high-risk patients who could benefit from early nutritional intervention and consideration of anti-inflammatory strategies.^{28,33}

This study has limitations, including its single-center, retrospective design, which may limit generalizability. Validation studies would be needed to incorporate patients treated in other centers, since SIRI values may vary depending on different patient populations. As a result, limited generalizability may further explain discrepancies in results seen in our study versus other similar reports.³⁷ Given the single-institution, retrospective study design, there was also no prespecified sample size calculated a priori. Sample size and statistical power in our study may be insufficient to detect potentially clinically and statistically meaningful differences in outcomes. In particular, SIRI was analyzed with a top quartile as a cutoff in our study. Although the analysis should be ideally performed with SIRI as a continuous variable, we acknowledge that the SIRI distribution was highly right-skewed. There may not be sufficient statistical power since the sample size of patients with high SIRI may be too small.

In addition, there are other prognostic biomarkers such as neutrophil-lymphocyte ratio,³⁸ lymphocyte-monocyte ratio,³⁹ hemoglobin,⁴⁰ Systemic Immune-Inflammation Index,⁴¹ Prognostic Nutritional Index,⁴² and Gustave Roussy immune score⁴³ used for head and neck cancer. Other biomarkers were unavailable in our database for analysis, so comparison among these biomarkers was not feasible. Further studies would be needed to better evaluate the role of such biomarkers since the central focus of our study was not to compare various biomarkers and their prognostic abilities. Furthermore, disease progression was typically confirmed using radiographic evidence and pathologic confirmation whenever feasible. However, acceptable methods, such as

TABLE 3. Cox and Fine-Gray Multivariable Analysis for Survival

Characteristic	Overall Survival			Progression-Free Survival		
	aHR	95% CI	P	aHR	95% CI	P
SIRI						
Low	Reference			Reference		
High	1.59	1.13 to 2.25	.008	1.18	0.86 to 1.61	.32
Age, years						
Every increase by 1 year	1.03	1.01 to 1.05	<.001	1.03	1.01 to 1.04	<.001
Gender						
Female	Reference			Reference		
Male	1.61	1.08 to 2.41	.02	1.61	1.13 to 2.31	.009
Race						
White	Reference			Reference		
Other	0.93	0.56 to 1.57	.79	0.96	0.61 to 1.51	.87
Smoking						
Never	Reference			Reference		
Former	1.31	0.81 to 2.10	.27	1.27	0.84 to 1.91	.26
Current	2.03	1.21 to 3.43	.008	1.61	1.01 to 2.56	.05
Not available	2.28	0.22 to 24.04	.49	0.66	0.03 to 16.28	.8
ECOG PS						
0	Reference			Reference		
1	1.56	1.09 to 2.22	.01	1.42	1.04 to 1.94	.03
>1	3.89	2.45 to 6.20	<.001	2.85	1.85 to 4.38	<.001
Not available	0.84	0.27 to 2.66	.77	1.32	0.48 to 3.58	.59
Primary site						
Oropharynx	Reference			Reference		
Larynx	0.64	0.39 to 1.06	.08	0.68	0.43 to 1.08	.1
Other	0.81	0.48 to 1.38	.44	0.83	0.51 to 1.36	.46
BMI						
Normal	Reference			Reference		
Underweight	1.71	0.93 to 3.17	.09	1.72	0.98 to 3.02	.06
Overweight	0.82	0.55 to 1.21	.32	0.95	0.67 to 1.36	.8
Obese	0.8	0.53 to 1.23	.31	0.8	0.55 to 1.16	.24
Not available	1.39	0.11 to 17.35	.8	2.83	0.10 to 76.98	.54
T staging						
1-2	Reference			Reference		
3-4	1.36	0.99 to 1.88	.06	1.46	1.10 to 1.94	.009
N staging						
0-1	Reference			Reference		
2-3	1.59	1.08 to 2.32	.02	1.69	1.20 to 2.37	.003
p16						
Negative	Reference			Reference		
Positive	0.37	0.22 to 0.62	<.001	0.36	0.22 to 0.57	<.001
Chemotherapy						
Cisplatin	Reference			Reference		
Carboplatin/Paclitaxel	0.86	0.60 to 1.24	.42	0.84	0.61 to 1.16	.29
Other	1.29	0.54 to 3.06	.57	1.58	0.74 to 3.34	.24

Abbreviations: aHR, adjusted hazard ratio; ECOG PS, Eastern Cooperative Oncology Group performance status; reference, reference group to which comparison groups were compared to calculate hazard ratios; SIRI, Systemic Inflammation Response Index.

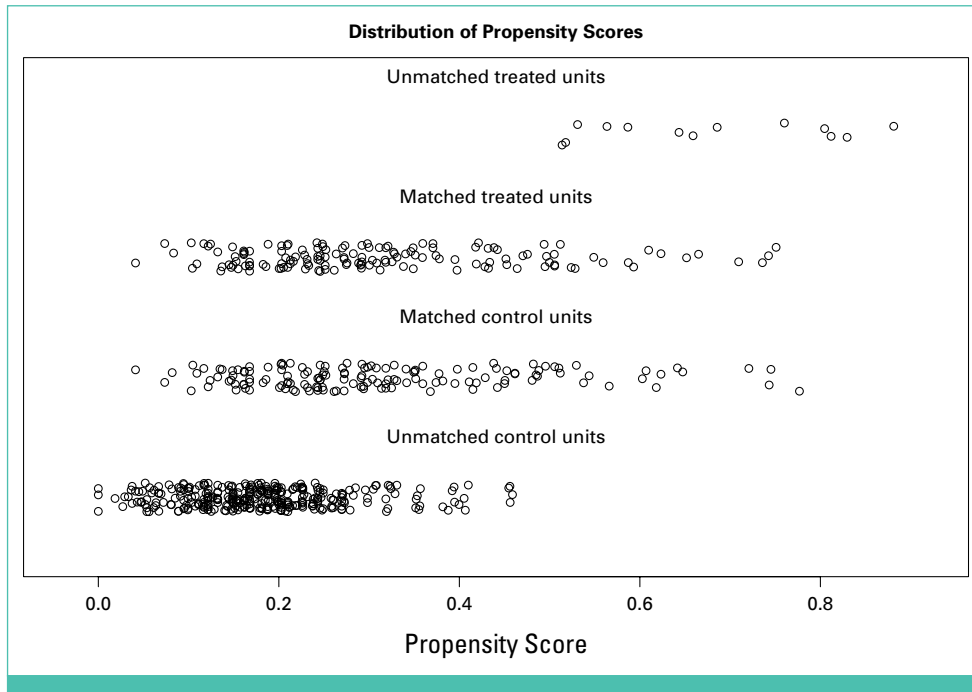


FIG 3. Jitter plot to visualize the overall distribution of propensity scores before and after matching. Control units: low Systemic Inflammation Response Index cohort; treated units: high Systemic Inflammation Response Index cohort.

RECIST, might not have been consistently used in select patients (eg, patients may refuse further diagnostic imaging or biopsy confirmation despite clinical concerns of progression), and disease progression may be potentially misclassified in such cases. Despite the use of MVA and propensity score matching, selection bias may still exist. Although all baseline biomarkers were before the initiation of treatments, the exact dates of obtaining the peripheral blood samples were unavailable. Other clinically relevant variables, such as toxicity profiles and medical comorbidities, were unavailable for analysis. For example, SIRI has

been shown to be associated with the history of stroke, the severity of stroke, and mortality among patients without cancer.^{44,45} Inflammatory biomarkers were also shown to be associated with post-treatment secondary malignancy.⁴⁶ In addition, dynamic changes in blood biomarkers before, during, and after treatments were not available. For instance, persistently elevated inflammation biomarkers were suggested to be more prognostic rather than a single measurement of these biomarkers.⁴⁷ Racial subgroups in our study also had limited sample sizes for analysis, although racial differences in inflammatory biomarkers were

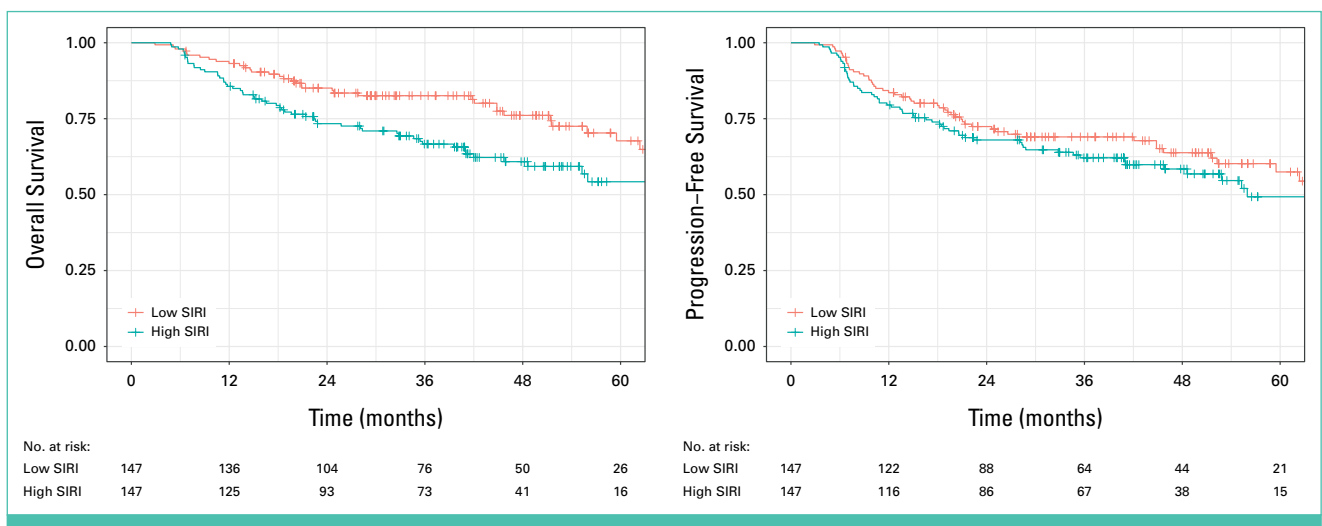


FIG 4. Kaplan-Meier plots for survival for the matched cohort. SIRI, Systemic Inflammation Response Index.

previously noted.⁴⁸ Furthermore, various studies used different cutoff values for SIRI, and further studies would be needed to investigate the optimal cutoff.

In conclusion, elevated SIRI was an independent, adverse prognostic factor for OS among patients with HNSCC

without heterogeneous association with survival outcomes based on p16 status in our study. Those with underweight BMI, poor performance status, locally advanced disease, and p16-negative tumors were associated with high SIRI. Further validation of SIRI would be warranted in future studies.

AFFILIATIONS

¹Department of Radiation Oncology, The Arthur G. James Cancer Hospital and Richard J. Solove Research Institute, The Ohio State University Comprehensive Cancer Center, Columbus, OH

²The University of Toledo College of Medicine and Life Sciences, Toledo, OH

³The Ohio State University, Columbus, OH

⁴The Ohio State University College of Medicine, Columbus, OH

⁵Department of Medical Oncology, The Arthur G. James Cancer Hospital and Richard J. Solove Research Institute, The Ohio State University Comprehensive Cancer Center, Columbus, OH

⁶Department of Otolaryngology, The Arthur G. James Cancer Hospital and Richard J. Solove Research Institute, The Ohio State University Comprehensive Cancer Center, Columbus, OH

CORRESPONDING AUTHOR

Dukagjin Blakaj, MD, PhD; e-mail: Dukagjin.Blakaj@osumc.edu.

EQUAL CONTRIBUTION

S.J.M. and A.K. contributed equally as cofirst authors. M.B. and D.B. contributed equally as cosenior authors.

AUTHOR CONTRIBUTIONS

Conception and design: Sung Jun Ma, Daniel Alvarez, Darien Reed, Om Desai, Emile Gogineni, Sujith Baliga, Marcelo Bonomi

Administrative support: Sung Jun Ma, James Rocco

Provision of study materials or patients: Emile Gogineni, John Grecula, Marcelo Bonomi

Collection and assembly of data: Sung Jun Ma, Andrew Koempel, Krithik Tella, Daniel Alvarez, Darien Reed, Alec Kotler, Jacob Wells, Matthew Nguyen, Matthew Old, Marcelo Bonomi

Data analysis and interpretation: Sung Jun Ma, Andrew Koempel, Krithik Tella, Daniel Alvarez, Darien Reed, Kevin E. Agner, Alec Kotler, Matthew Nguyen, Simeng Zhu, Priyanka Bhateja, Emile Gogineni, Sujith Baliga, David Konieczkowski, Sachin Jhawar, John Grecula, Lauren Miller, Matthew Old, James Rocco, Marcelo Bonomi, Dukagjin Blakaj

Manuscript writing: All authors

Final approval of manuscript: All authors

Accountable for all aspects of the work: All authors

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

The following represents disclosure information provided by authors of this manuscript. All relationships are considered compensated unless otherwise noted. Relationships are self-held unless noted. I = Immediate Family Member, Inst = My Institution. Relationships may not relate to the subject matter of this manuscript. For more information about ASCO's conflict of interest policy, please refer to <https://ascopubs.org/authors>.

Sung Jun Ma

Employment: The Ohio State University Comprehensive Cancer Center

Simeng Zhu

Stock and Other Ownership Interests: IntelliOnc

Consulting or Advisory Role: LEK, Radformation

Research Funding: Google, Radiation Oncology Institute (ROI)

Patents, Royalties, Other Intellectual Property: U.S. Patent 2023/0402152, U.S. Patent 2024/0169543 A1, U.S. Patent 2024/0207644 A1

Priyanka Bhateja

Consulting or Advisory Role: Merus NV

Sujith Baliga

Honoraria: Varian Medical Systems

David Konieczkowski

Employment: Ohio State University, Ohio State University (I)

Sachin Jhawar

Stock and Other Ownership Interests: Embiosys, Enlace Health

Consulting or Advisory Role: Enlace Health, Embiosys

Research Funding: Varian Medical Systems

John Grecula

Research Funding: Intrinsic LifeSciences (Inst), Teva (Inst), Soligenix (Inst), Merck (Inst)

James Rocco

Consulting or Advisory Role: Johnson & Johnson/Janssen

Patents, Royalties, Other Intellectual Property: Uptodate Chapter contributor on several head and Neck Cancer topics

Other Relationship: Elsevier

Marcelo Bonomi

Consulting or Advisory Role: Merck

Research Funding: Regeneron (Inst)

No other potential conflicts of interest were reported.

REFERENCES

- Hanahan D, Weinberg RA: Hallmarks of cancer: The next generation. *Cell* 144:646-674, 2011
- Donskov F: Immunomonitoring and prognostic relevance of neutrophils in clinical trials. *Semin Cancer Biol* 23:200-207, 2013
- Dumitru CA, Lang S, Brandau S: Modulation of neutrophil granulocytes in the tumor microenvironment: Mechanisms and consequences for tumor progression. *Semin Cancer Biol* 23:141-148, 2013
- Ocana A, Nieto-Jimenez C, Pandiella A, et al: Neutrophils in cancer: Prognostic role and therapeutic strategies. *Mol Cancer* 16:137, 2017
- Tazyman S, Niaz H, Murdoch C: Neutrophil-mediated tumour angiogenesis: Subversion of immune responses to promote tumour growth. *Semin Cancer Biol* 23:149-158, 2013
- Bekes EM, Schweighofer B, Kupriyanova TA, et al: Tumor-recruited neutrophils and neutrophil TIMP-free MMP-9 regulate coordinately the levels of tumor angiogenesis and efficiency of malignant cell intravasation. *Am J Pathol* 179:1455-1470, 2011
- Demers M, Wagner DD: Neutrophil extracellular traps: A new link to cancer-associated thrombosis and potential implications for tumor progression. *Oncoimmunology* 2:e22946, 2013
- Jiang S, Wang S, Wang Q, et al: Systemic Inflammation Response Index (SIRI) independently predicts survival in advanced lung adenocarcinoma patients treated with first-generation EGFR-TKIs. *Cancer Manag Res* 13:1315-1322, 2021

9. Chen Y, Jiang W, Xi D, et al: Development and validation of nomogram based on SIRI for predicting the clinical outcome in patients with nasopharyngeal carcinomas. *J Investig Med* 67:691-698, 2019
10. Geng Y, Zhu D, Wu C, et al: A novel systemic inflammation response index (SIRI) for predicting postoperative survival of patients with esophageal squamous cell carcinoma. *Int Immunopharmacol* 65:503-510, 2018
11. Qi Q, Zhuang L, Shen Y, et al: A novel systemic inflammation response index (SIRI) for predicting the survival of patients with pancreatic cancer after chemotherapy. *Cancer* 122:2158-2167, 2016
12. Valero C, Zanoni DK, McGill MR, et al: Pretreatment peripheral blood leukocytes are independent predictors of survival in oral cavity cancer. *Cancer* 126:994-1003, 2020
13. Wang T, Zhang D, Tang D, et al: The role of systemic inflammatory response index (SIRI) and tumor-infiltrating lymphocytes (TILs) in the prognosis of patients with laryngeal squamous cell carcinoma. *J Cancer Res Clin Oncol* 149:5627-5636, 2023
14. Valero C, Pardo L, Sansa A, et al: Prognostic capacity of Systemic Inflammation Response Index (SIRI) in patients with head and neck squamous cell carcinoma. *Head Neck* 42:336-343, 2020
15. Ye M, Huang A, Yuan B, et al: Neutrophil-to-lymphocyte ratio and monocyte-to-eosinophil ratio as prognostic indicators for advanced nasopharyngeal carcinoma. *Eur Arch Otorhinolaryngol* 281:1971-1989, 2024
16. Ma SJ, Khan M, Chatterjee U, et al: Association of body mass index with outcomes among patients with head and neck cancer treated with chemoradiotherapy. *JAMA Netw Open* 6:e2320513, 2023
17. Murad LD, Silva TQ, Schilitz AOC, et al: Body mass index alters the predictive value of the neutrophil-to-lymphocyte ratio and systemic inflammation response index in laryngeal squamous cell carcinoma patients. *Nutr Cancer* 74:1261-1269, 2022
18. Yu H, Ma SJ, Farrugia M, et al: Machine learning incorporating host factors for predicting survival in head and neck squamous cell carcinoma patients. *Cancers (Basel)* 13:4559, 2021
19. Han Y, Lin N: Systemic inflammatory response index and the short-term functional outcome of patients with acute ischemic stroke: A meta-analysis. *Neurol Ther* 13:1431-1451, 2024
20. Xu T, Song S, Zhu K, et al: Systemic inflammatory response index improves prognostic predictive value in intensive care unit patients with sepsis. *Sci Rep* 15:1908, 2025
21. Feng Y, Zhang N, Wang S, et al: Systemic inflammation response index is a predictor of poor survival in locally advanced nasopharyngeal carcinoma: A propensity score matching study. *Front Oncol* 10:575417, 2020
22. Song F, Cai H, Liao Y, et al: The systemic inflammation response index predicts the survival of patients with clinical T1-2N0 oral squamous cell carcinoma. *Oral Dis* 28:600-610, 2022
23. National Comprehensive Cancer Network: Head and Neck Cancers (Version 1.2026). <https://www.nccn.org>
24. Li W, Zhao D, Li W: Inflammatory burden index predicts long term mortality in a nationally representative population from NHANES. *Sci Rep* 15:25034, 2025
25. Panje C, Riesterer O, Glanzmann C, et al: Neutrophil-lymphocyte ratio complements volumetric staging as prognostic factor in patients treated with definitive radiotherapy for oropharyngeal cancer. *BMC Cancer* 17:643, 2017
26. Austin PC: Optimal caliper widths for propensity-score matching when estimating differences in means and differences in proportions in observational studies. *Pharm Stat* 10:150-161, 2011
27. Takaoka T, Yaegashi A, Watanabe D: Prevalence of and survival with cachexia among patients with cancer: A systematic review and meta-analysis. *Adv Nutr* 15:100282, 2024
28. Duffy SA, Taylor JM, Terrell JE, et al: Interleukin-6 predicts recurrence and survival among head and neck cancer patients. *Cancer* 113:750-757, 2008
29. Singh AK, Ma SJ, Blakaj D, et al: Development and external validation of integrated machine learning-based prognostic model in oropharyngeal head and neck cancer using the systemic inflammatory response index. *Cancers (Basel)* 17:3820, 2025
30. Al-Sahaf S, Hendawi NB, Ollington B, et al: Increased abundance of tumour-associated neutrophils in HPV-negative compared to HPV-positive oropharyngeal squamous cell carcinoma is mediated by IL-1R signalling. *Front Oral Health* 2:604565, 2021
31. Chen AM: HPV-mediated radiosensitivity in oropharyngeal squamous cell carcinoma: Molecular mechanisms and cellular pathways. *Curr Oncol Rep* 27:634-641, 2025
32. Yang Y, Cao Y: The impact of VEGF on cancer metastasis and systemic disease. *Semin Cancer Biol* 86:251-261, 2022
33. Saroul N, Puechmaile M, Lambert C, et al: Prognosis in head and neck cancer: Importance of nutritional and biological inflammatory status. *Otolaryngol Head Neck Surg* 166:118-127, 2022
34. Elmakaty I, Elsayed B, Elmarasi M, et al: Clinicopathological and prognostic value of chemokine receptor CCR7 expression in head and neck squamous cell carcinoma: A systematic review and meta-analysis. *Expert Rev Anticancer Ther* 23:443-453, 2023
35. Aljadhali AA, Ludwig-Borycz E, Leung CW: Food insecurity, inflammation, and immune function among older US adults: Findings from the health and retirement study. *Brain Behav Immun* 119:28-35, 2024
36. Ravi M, Miller AH, Michopoulos V: The immunology of stress and the impact of inflammation on the brain and behavior. *BJPsych Adv* 27:158-165, 2021
37. Troiano G, Caponio VCA, Adipietro I, et al: Prognostic significance of CD68(+) and CD163(+) tumor associated macrophages in head and neck squamous cell carcinoma: A systematic review and meta-analysis. *Oral Oncol* 93:66-75, 2019
38. Ma SJ, Yu H, Khan M, et al: Evaluation of optimal threshold of neutrophil-lymphocyte ratio and its association with survival outcomes among patients with head and neck cancer. *JAMA Netw Open* 5:e227567, 2022
39. Yu B, Ma SJ, Khan M, et al: Association of pre-treatment lymphocyte-monocyte ratio with survival outcome in patients with head and neck cancer treated with chemoradiation. *BMC Cancer* 23:572, 2023
40. Ma SJ, Yu H, Khan M, et al: Defining the optimal threshold and prognostic utility of pre-treatment hemoglobin level as a biomarker for survival outcomes in head and neck cancer patients receiving chemoradiation. *Oral Oncol* 133:106054, 2022
41. Wang YT, Kuo LT, Weng HH, et al: Systemic immun e-inflammation index as a predictor for head and neck cancer prognosis: A meta-analysis. *Front Oncol* 12:899518, 2022
42. Luan CW, Tsai YT, Yang HY, et al: Pretreatment prognostic nutritional index as a prognostic marker in head and neck cancer: A systematic review and meta-analysis. *Sci Rep* 11:17117, 2021
43. Nenclares P, Gunn L, Soliman H, et al: On-treatment immune prognostic score for patients with relapsed and/or metastatic head and neck squamous cell carcinoma treated with immunotherapy. *J Immunother Cancer* 9:e002718, 2021
44. Valibeygi A, Fardaei M, Niknejad S: Association between stroke and systemic inflammation response index (SIRI): A National Health and Nutrition Examination Survey (NHANES) study 2015-2020. *BMJ Neurol Open* 7:e000718, 2025
45. Zhang Y, Xing Z, Zhou K, et al: The predictive role of Systemic Inflammation Response Index (SIRI) in the prognosis of stroke patients. *Clin Interv Aging* 16:1997-2007, 2021
46. Gandhi S, Chandna S, Chinnadurai V, et al: A novel serum inflammation risk-index (SIRI-RT)-driven nomogram for predicting secondary malignancy outcomes post-radiotherapy. *Cancers (Basel)* 17:1290, 2025
47. Gan X, Gou Q, Zhu J, et al: Dynamic change of the systemic immune inflammation index is a risk factor for patients with oropharyngeal cancer: A case control study and an additional HPV-status subgroup analysis. *Eur J Med Res* 28:191, 2023
48. Davidson-Turner KJ, Farina MP, Hayward MD: Racial/ethnic differences in inflammation levels among older adults 56+: An examination of sociodemographic differences across inflammation measure. *Biodemography Soc Biol* 69:75-89, 2024